CURTAIN BLUFF
Antigua

4 DAY
WELLNESS RETREAT

www.curtainbluff.com

What to expect...

A comprehensive wellness package that focuses on holistic rejuvenation combining beachfront accommodations with cutting-edge wellness spa journeys, tennis lessons, personal training sessions, yoga, pilates classes, an exhilarating hike, private cooking class and personalized care.

Experiences & Services

- *4 night stay in a Junior suite upper floor for 2 persons*
- *Comprehensive wellness consultation with our health experts to allow you to attain your goals*
- *One 60 minute specialized spa treatment per day per person. The spa concierge will create the best treatment choices according to your needs*
- *Daily yoga sessions with our CB instructor*
- *Daily 30 minute tennis less for 2 persons*
- *Daily 60 minute personal training sessions for 2 persons*
- *One 90 minute guided hike off property to Tobacco Bay for 2 persons*
- *A selection of healthy meals to allow you to focus on your mind body and soul.*
- *Nutritional cooking class with the chef*

Pricing & Dates

Pricing for 4 night package for two persons in an upper floor Junior suite pricing does not include government tax of 17% and service charge of 10%.

- Nov. 1-Dec. 19, 2025 (excluding Nov. 22-29)- $6680US
- Jan. 3-April 12, 2026 (excluding Feb. 14-21, April 1-12)- $8,920US
- April 13-May 31, 2026- $5882US
- Nov. 1-Dec. 19, 2026 (excluding Nov. 21-28)- $6,918US

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Say Yes to Your Health –
Reserve Your Wellness Retreat Today.

For Bookings Email:
curtainbluff@curtain bluff.com

CURTAIN BLUFF RESORT
P.O.BOX 288, St. John's, Antigua, West Indies
Toll Free from US: 888-289-9898
Toll Free from UK: 0800-051-8956