

Health & Fitness Week 2022

Jan 12th-16th | Feb 16th-20th | Mar 23rd-27th

In line with Curtain Bluff Hotel's health and safety protocols, we will be offering small class sizes and limiting the package numbers to a maximum of 20 participants.

INCLUDED

HEALTH & FITNESS ACTIVITIES

- Vinyasa Flow Yoga Practice
- Pilates Classes
- Aqua Aerobics
- Fitness walk through Old Road Village
- Hikes to Boggy Peak (Mount Obama), Wallings Dam Nature Reserve, Tobacco Bay- led by in-house practitioners Girlette, Samantha & Puddy

DAILY TENNIS CLASSES

Two hours per day cater to beginner, intermediate and advanced levels with in-house pros Desney 'Dillo' Williams and Clifton 'Sleepy' Simon.

DAILY SPA TREATMENTS

Relax, unwind and rejuvenate with Curtain Bluff. Select a daily spa treatment from our special mini spa menu.



PACKAGE PRICING

Deluxe

Double occupancy per night including tax, health & fitness package

\$2025 USD

Junior Suite

Double occupancy per night including tax, health & fitness package

\$2400 USD

Rates are inclusive of tax and service charge (24%) meals, beverages, motorized water sports including scuba diving, water skiing, sailing, kayaks, windsurfing, paddle boarding and so much more.