



THE SPA

AT



CURTAIN BLUFF



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GENERAL INFORMATION

All treatment times include a 5 minute, in-room therapist/client consultation.

Reservations, cancellations and rescheduling

We recommend that all reservations be made in advance to best facilitate your preferred time.

Cancellations

All cancellations made within 24 hours will be charged 50% of the treatment price; those made within 2 hours and no-shows will incur a full charge.

Rescheduling

Rescheduling a treatment within 6 hours of the due time will incur a 50% charge of the treatment price; rescheduling within 2 hours will incur a full charge.

Arrival Time

We ask that you arrive at least 15 minutes before your appointment time. Please note that if you are late, your treatment will be modified and the full price will be applied.

Children

Children under 16 years must be accompanied by an adult when scheduling or receiving spa services.

In-Room Massage

We understand that sometimes you just want to relax in the privacy of your room and, with advanced booking, we will try to accommodate your request. For this service, there will be an added 25% surcharge. Please make all arrangements with the Spa Concierge.

Gift Certificates

Our beautifully packaged gift certificates are ideal for any special occasion or gesture of appreciation. Gift certificates are available for all personal services and products. Please note that these are non-refundable, non-transferable and will not be reissued if lost.

Client Care and Health Considerations

We aim to protect your modesty during all treatments and encourage you to disrobe to your level of comfort. Prior to your treatment, we will require you to complete a consultation form with an insight to your most current medical status.

Please note that treatments often stimulate increased blood flow which may be contra-indicatory to certain medical conditions; therefore treatments on ladies in the first trimester of pregnancy will be limited to manicures and pedicures.

Valuables

The Spa accepts no responsibility for the safety of your valuables and we ask that they be removed prior to your visit.

Spa Etiquette

In consideration of our other Spa guests, we ask that the noise level be kept at a minimum and that all cellular phones and other electronic devices be switched off. We also wish to encourage a smoke free environment and ask that this is observed at all times in the Spa vicinity.

Payment

We accept all major credit cards.

Spa Hours

Daily 10am - 7pm

In Addition

All services attract a 15% Antigua and Barbuda sales tax and a 10% hotel service charge. Please inform our concierge or your therapist if you wish to add gratuities.

FACIALS

Classic European Facial

60 min

A specific ampoule treatment to soothe, repair and revitalize. Ideal for all skin types. Incorporating a clean, natural and gentle exfoliation, steam and massage, it leaves the skin radiant.

Curtain Bluff's Signature Facial Treatment

80 min

Anti-aging with Myoxy Caviar Mask – counteract the visible signs of time with this age-defying treatment. With caviar extract, pearl extract and Escutox for smoothing wrinkles, it improves elasticity, and increases skin oxygenation and suppleness.

Luminous “C” & Sea Facial

60 min

A radical treatment for sun damaged and dehydrated skin, this facial combines the high potency of Vitamin “C” and the stimulating effects of pure “freeze dried” seaweed, which leaves the skin feeling firm, rejuvenated, and extremely soft. An excellent treatment for sunbathers and anyone with sun-damaged skin. A treatment that restores a youthful appearance, rendering skin luminous!

Skin Fitness Facial for Men

60 min

A deluxe facial for men, with a highly concentrated Escutox extract to counteract the aging process. This treatment is specifically formulated for a man's skin needs and includes a luxury mask that promotes healthy, youthful skin.

Instant Repair For Problematic Skin

55 min

Acneic skin types require extra care and specialized ingredients to address seriously evident concerns such as: acneic breakouts, blackheads, and irritated skin. This highly effective, soothing treatment calms redness and alleviates irritated or sensitive skin. A healing Propolis ampoule is applied to desensitize the skin's surface and restrict capillaries. A cool lift-off mask is then applied to seal in the vitamin-enriched ampoule.

The Jet Lag Facial – Deeply Hydrating

55 min

This facial treatment combats dry, dehydrated skin. Vitamin-enriched, it infuses the skin with vitamins A, E, and D, fighting free radicals that cause premature aging. This dramatic bi-thermal treatment mask first warms to promote vitamin absorbency within the skin, then cools to seal in hydrating benefits and refine the pores. Hard lift-off mask.

Lumafirm Lift & Glow Facial

60 min

This facial treatment combats free radical damage and the signs of aging - Bring on visible radiance! This powerhouse repair facial works deeply and quickly, infusing your face, neck, and décolleté with the best anti-free radicals, the latest generation of repairing peptides, and outstanding lightening actives.

Speedy Facial

30 min

In a hurry but need a quick boost of rejuvenation? Then this is the ideal facial treatment for you. A quick cleansing, facial massage and hydration will get you ready to take on your day.

Makeup

60 min

Ear Candling

This is an alternative practice that is believed to treat several conditions such as excess ear wax, earaches, and sinus infections. Also relieves imbalance in air pressure after long flights.



SPA TEENS

Heal & Calm Facial – Blemished Skin Treatment

A potent formulation for acne control and prevention, this dynamic facial treatment begins with a gentle yet thorough cleansing exfoliation. Next a Pevonia-exclusive peel, Clear-O-Zym, removes deep-clogging blackheads and dead cell accumulation. A deep cleansing process is seamlessly followed by the application of a highly antiseptic blemished skin mask with healing and calming benefits.

Hydra Boost Facial

Unsurpassed hydration for a glowing complexion. This treatment counteracts environmental aggressors and hormonal variances and also offsets the effects of a demanding, stressful schedule. Vitamin enriched, this begins with a gentle yet thorough cleansing exfoliation. Clear-O-Zym, a Pevonia-exclusive peel, is then applied to remove deep-clogging blackheads, and dead cell accumulation. The skin rejoices as a deep cleansing process is followed by the application of a pleasurable strawberry antioxidant mask with wonderful cooling, desensitizing, and replenishing benefits. Providing teens with an intensive yet delightful treatment experience.

Hydra Soothe Facial – Post Sun Therapy

The ultimate skin soothing & solar defense! Papaya HydraSoothe Treatment helps teens restore vital skin health and hydration stripped away by their greatest friend and foe...the sun. The treatment begins with an exfoliating cleansing, followed by a Pevonia-exclusive peel, Clear-O-Zym, effective in removing deep-clogging blackheads and dead cells. A deep cleansing process is then complimented by the application of a deeply hydrating and desensitizing papaya mask with a natural blend of replenishing and calming ingredients.

FACIAL BOOSTERS

Try these services separately or use to enhance other treatments. The times displayed are for services done separately and will be less if done as additives to other treatments.

Youthful Lips

This excellent treatment redefines the lip contour and smooths wrinkles and furrows. A velvety-textured active mask containing collagen, fiber, and retinol is applied to smooth, hydrate, and renew the lip area.

Youthful Eyes

30 min

Perfect for tightening and smoothing wrinkles, this stimulating treatment focuses on the sensitive eye area of all skin types. Rid the eye contour of free radicals with a deep cleanse and ionization then relax through the application of collastin and a cooling eye mask. After moisturizing towards the end, you'll enjoy the visible effects of youthful eyes.

Eye Treatment for Puffiness & Dark Circles

10 min

Counteract puffiness and dark circles with Collagen Fiber and Ginkgo Biloba. This natural fiber eye mask treatment soothes, cools, and decongests the fragile eye area, visibly reducing puffiness and dark circles, rendering your eyes visibly rejuvenated.

Eye Treatment for Lines & Wrinkles

10 min

Treat your eye area to visible rejuvenation with 100% pure Marine Collagen to smooth the appearance of fine lines, reduce crepiness, and rejuvenate the eye contour.

(For best results, we recommend that you have both: the wrinkles followed by the puffiness)





BODY THERAPY

CB Signature Firm & Glow Body Wrap

1 hr 30 min

Enriched with 26 dynamic ingredients including an exclusive combination of anti-ageing extracts; the latest in peptides, and an amazing tightening technology, you will look youthfully radiant after this treatment. This luxurious wrap leaves every inch of your skin velvety soft while rendering your body visibly rejuvenated, instantly firmer and more toned.

Tropical Escape – Crème Wrap with Papaya-Pineapple

55 min

Drenched with papaya and pineapple, this tropical wrap is also enriched with Crème Fraîche natural butter, calcium, a high content of vitamin A, pomegranate extract, and other anti-aging ingredients such as collagen polypeptides (firming). The luscious Crème Fraîche formula is applied all over your body for a glorious sensory escape. As you are enveloped by the scent of vanilla and enticing tropical fruits, your skin is deeply nourished and rejuvenated, revealing an astonishing decrease in body crepiness and wrinkles.

Tangerine Dreams – Aromatic Salt Glow

30 min

Restore skin's radiant glow with exfoliating sea salts enriched with Ylang-Ylang, tangerine and lavender. Your body will be polished and mineralized. A preserve moisturizer will be massaged at the end of your treatment.

Body Perfection – Body Scrub

45 min

A natural body exfoliating treatment guaranteed to remove dead cells and impurities and to soften rough, dry skin. The skin is then moisturized, leaving a healthy glow.

Caribbean Green Coffee Wrap – A Cellulite Corrective Treatment

60 min

The skin is gently exfoliated to encourage deeper penetration of this highly concentrated and proven-effective treatment. It is designed to reduce fat and to produce a firming and slimming effect.

Moor Mud

60 min

This muscle-releasing treatment begins with a deep-exfoliation cleansing treatment, utilizing aromatherapy salts. Warm Aromatic Fango is then applied to your entire body to relax sore muscles, stimulate circulation, and relieve stress. Excellent treatment to relieve pain from the muscles.

Water Lily Wrap – An After-Sun Soothing Treatment

45 min

Immediately relieves sun-sensitive skin with this soothing wrap. Cooling and desensitizing Water Lily, Green Tea and Chamomile, relieve the discomfort of over-exposed skin. This treatment heals, desensitizes, and decreases skin temperature.

Tropical Oasis – Yogurt Wrap with Mango-Passion Fruit

45 min

Combining the tropical extracts of mango and passion fruit, this wrap is rich in Malic, Tartaric and citric acids, potassium calcium, glucose, and other key anti-aging ingredients such as, repairing vitamin C. As the Creamy Yogurt formulation is applied all over your body, you are transported to a sublime tropical oasis where your senses are gently awakened and phenomenal visible results are obtained. Your skin emerges revived, refreshed, smoother, firmer and vividly brighter.

Back Renewal

30 min

This treatment aims to deep clean this hard-to-reach area, refine and smooth the skin, prevent clogging and breakouts, rehydrate dry, flaky skin or control oiliness. Affectionately called the “bacial”, the back renewal is our facial solution for the back.

MASSAGE TREATMENTS

Caviar & Champagne Massage

60 min or 90 min

This signature treatment designed especially for Curtain Bluff's Spa introduces new sensations to the Swedish massage. It is intended for an ultimate relaxation experience. Saturation with special oils is followed by a bubbly and effervescent champagne poured all over the body for an incredible sensation. **60 min or 90 min**

Sabai Stone Therapy

60 min or 90 min

Warm or Cold Stones will create trails of different temperatures flowing through your body. The combination of massage and stone placement circling the spine, radiating through the shoulders and neck, and flowing down the legs to the feet, melts away tension within the body. The hot stones are known to facilitate the flow of relaxation through the mind, body and spirit.

Ultimate De Stressor

60 min or 90 min

This full-body massage is intended for deep relaxation, increased circulation, full mind and body stress relief. Add an aromatherapy scalp massage for total bliss.

Deep Tissue Massage

60 min or 90 min

This massage concentrates on stubborn knots and areas of chronic tension.

Pregnancy Massage

60 min

In one word, "bliss". Specifically designed for the mother-to-be. A pillow will support the belly and make the mother completely relaxed and comfortable. This massage helps to reduce back and neck pain associated with pregnancy. Smooth, relaxing strokes will put both mother and baby at ease. **(recommended for ladies beyond their first trimester)**

Aromatherapy Massage

60 min or 90 min

A massage designed especially for those in need of relaxation. Soothing and calming strokes will enhance your massage experience.

Your therapist will let you choose a special oil for your most relaxing massage.

Aromatherapy Back

Soothe back pain naturally with various essential oils. This serves to increase circulation and to relieve the aching and tightness. Relieve stress and promote the circulation of blood to the area, while the aromas of the essential oils work to calm you.

Back Massage

30 min or 60 min

Great for those who have an aching back or want this specific area of their body massaged. Enjoy your choice of aromatherapy warm oils applied to the back for ultimate relaxation. **30 min or 60 min**

Neck & Shoulder

30 min

This concentrated massage focuses on releasing tension trapped in the neck and shoulders after long flights, carrying heavy bags or a rigorous day on a tennis court.

West Indian Head Massage

The ultimate therapeutic massage of the head, neck, shoulders & face. This traditional & effective massage is excellent for relieving stress and also promotes relaxation. This gentle & highly effective treatment, practised in Ancient India and other Asian countries over 5000 years, has now tailored with a West Indian flavor.

Reflexology

45 min

A pressure point massage technique applied to the feet to release tension. Each point corresponds to an area of the body in which to heal. Especially beneficial for those on their feet all day.

Head to Toe Repose

30 min

For those who feel they are cheating their beach time by doing a full-length treatment, this is the perfect massage for you. In half the time, fully unwind and enjoy a super relaxing leg, back and head massage.



Thai

Thai massage is more energizing and rigorous than classic forms of massage. Also known as Thai yoga massage, because the therapist uses her hands, knees, legs, and feet to move you into a series of yoga-like stretches. The massage is done on a padded mat on the floor. No oil is applied, you are asked to bring or wear comfortable clothing to the massage.

Lomi Lomi

is a cleansing and detoxifying Hawaiian massage, using the palm of the hand to apply broad, flat upward strokes and circling strokes to break up and decongest areas of tension. Your skin is lubricated with luxurious oils of your choosing to lessen the friction of the strokes. Leaving you energized and relaxed.

Massage Boosters

Aromatherapy Scalp Massage

10 min

Experience the wonders of aromatherapy in this stimulating, stress relieving massage which aims to relax the nervous system and calm the mind.



HAND & FOOT CARE

Hand Care – Rejuvenate your hands

Classic Manicure 45 min
 This manicure will include nail shaping, cuticle trimming and hand massage, followed by polish application.

CB Youth Renew Caviar Hand Treatment 60 min
 This luxury ultra-luxe treatment with superlative results lavishly counteracts the damaging effects of aging and environmental photo damage. This treatment will result in “youthful looking hands”. It begins with an Enzymatic Peel for a phenomenal exfoliating effect, followed by a high-performance Caviar Extract Massage. A caviar mask is then applied, and for ultimate renewal a caviar hand cream renders hands soft, smooth and gloriously rejuvenated.

Nail Booster – Paraffin Wax
 Rehydrate your hands and or feet with this super-intense hydration and softening treatment.

Foot Care – Relax tired feet

Classis Pedicure – A relaxing spa pedicure 60 min
 This treatment will begin as your feet are immersed in an aromatic whirlpool bath. Your cuticles will be trimmed and nails will be filed, your feet and legs exfoliated and massaged. If desired, nail polish will then be applied.

CB Youth Renew Caviar Foot Treatment 75 min
 This opulent and rejuvenating therapy treats your feet to visible rejuvenation with its powerful formulation of enriching actives: caviar, marine collagen, retinol and repairing vitamins. All these wonderful ingredients will seep into the skin to ensure you reveal youthful, refreshed and velvety-smooth feet.



To enhance your manicure and pedicure treatments, you may add french polish for an additional \$15 and/or a paraffin wax for \$20



SPA PACKAGES

The Ultimate Escape

6 hrs

Learn the true meaning of relaxation by giving yourself a one-day, stress-free vacation. Indulge yourself with a Curtain Bluff Signature Massage, Signature Facial, Signature Pedicure, Shampoo, Style, and Deep Conditioning Treatment. This package will help you to forget why you needed the day away in the first place.

Half Day Getaway

3 hrs 30 min

If you don't want to spend the full day getting treatments, and still want some time for yourself, this package is for you. Receive an Aromatherapy Massage, a Classic Facial, Classic Manicure, and Classic Pedicure. This package will revive you and let you take on the rest of the day.

Couple's Day Away

5 hrs

Put aside a day to enjoy each other while spending quality time in the lap of luxury. On your day away, you will both be pampered with our Instant Repair Facial, our Classic Pedicures with Paraffin Wax, the decadent new Tropical Wrap, and a 90 min Ultimate De-Stressor Massage. Spend the final moments toasting the day with champagne and hors d'oeuvres on the balcony of our Double Suite.

For the Bride

6 hrs

Since your special day should be anxiety free, allow The Spa at Curtain Bluff to pamper and perfect you with a Classic French Manicure and French Pedicure with Paraffin Wax, Shampoo and Style followed by a professional Make-up session. (This may be split over a two-day period)

For the Groom

4 hrs 30 min

Because we understand that the proud groom deserves to be pampered like his bride-to-be, this package aims to complete him for that special day. Begin with a Speedy Facial then enjoy a Fingernail Tidy and a Mini Pedicure...top it off with a blissful Head to Toe Repose Massage. Now you're ready!

(All treatments included in the package must be done on the same day. Packages are non-transferrable and cannot be modified.)

SPA PRICE LIST



THE SPA

AT



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